

**ABSTRACT**

A tampon for feminine hygiene that has an insertion end, a withdrawal end, a longitudinal axis, and an outer surface. The tampon is made of compressed fibrous material. The outer surface of the tampon includes a plurality of recessed portions. Each of the recessed portions includes a first width dimension  $x$  and a second width dimension  $y$ . The first width dimension  $x$  is greater than the second width dimension  $y$ .